

Enjoy Your
Thankfulness and Gratitude Quotes!



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is the
simplest form
of gratitude.

- Karl Barth

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Coach
John Wooden

"Keep courtesy and consideration of
others foremost in your mind, at
home and away."

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#reflect

"I've had a remarkable life. I seem to be in
such good places at the right time. You
know, if you were to ask me to sum my life
up in one word, gratitude."

- Dietrich Bonhoeffer

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"When I started counting my
blessings, my whole life
turned around."

Willie Nelson

"The deepest craving
of human nature is
the need to be
appreciated."
- William James

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"Gratitude makes sense of our past, brings peace
for today, and creates a vision for tomorrow."

- Melody Beattie



DAILY REFLECTION

"HE IS A WISE MAN WHO DOES NOT GRIEVE FOR THE THINGS WHICH HE HAS NOT, BUT REJOICES FOR THOSE WHICH HE HAS."

- EPICTETUS

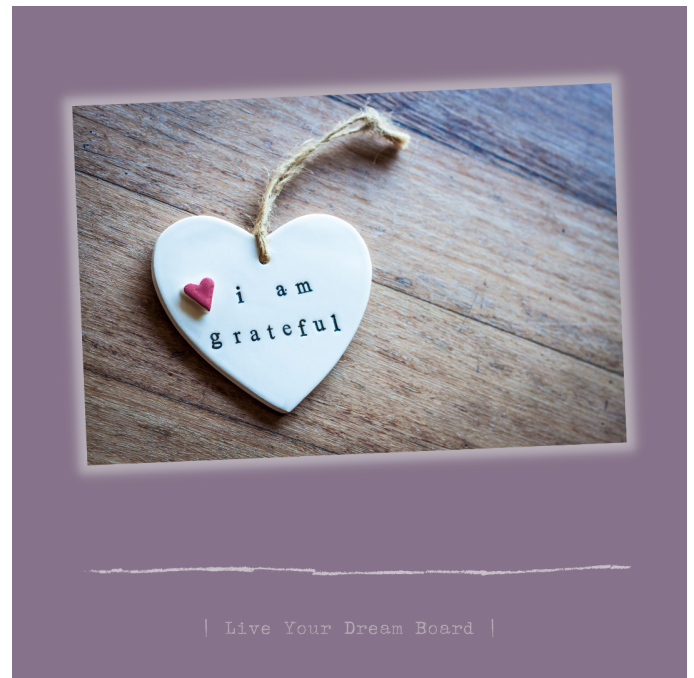
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We can only be said to be alive in those moments when our hearts are conscious of our treasures

- Thornton Wilder

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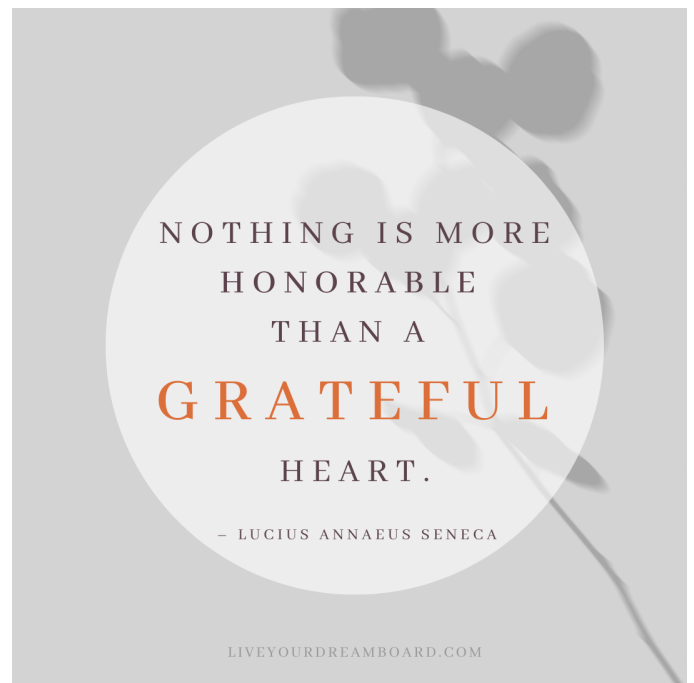
PRACTICE GRATITUDE...



"We often take for granted the very things that most deserve our gratitude."

- Cynthia Ozick

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NOTHING IS MORE HONORABLE THAN A GRATEFUL HEART.

- LUCIUS ANNAEUS SENECA

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GRATITUDE
IS THE
FAIREST
BLOSSOM
WHICH
SPRINGS
FROM THE
SOUL.

- HENRY WARD BEECHER



“Today I choose to live with *gratitude* for the love that fills my heart, the peace that rests within my spirit, and the voice of hope that says all things are possible.”

- Anonymous



THE MORE GRATEFUL I AM, THE MORE BEAUTY I SEE

>MARY DAVIS



DAILY AFFIRMATIONS

“YOU CANNOT DO A KINDNESS TOO SOON BECAUSE YOU NEVER KNOW HOW SOON IT WILL BE TOO LATE.”

- RALPH WALDO EMERSON



GRATITUDE IS THE SIGN OF NOBLE

souls

- AESOP

"THERE IS A CALMNESS
TO A LIFE LIVED IN GRATITUDE,
A QUIET JOY."

-RALPH H. BLUM



"AT TIMES,
OUR OWN LIGHT GOES OUT
AND IS REKINDLED BY A
SPARK FROM ANOTHER
PERSON. EACH OF US HAS
CAUSE TO THINK WITH DEEP
GRATITUDE
OF THOSE WHO HAVE
LIGHTED THE FLAME WITHIN
US."

- ALBERT SCHWEITZER

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MY WORD OF THE YEAR IS



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